



Here at Nature Coast Health Care our Patient-Centered-Medical-Home team of medical doctors are dedicated to treating patients comprehensively as a whole person. We take a compassionate approach to preventing, diagnosing, and treating diseases to care for you throughout life.

Our Mission is to utilize a Patient-Centered- Medical-Home team approach to treat the patient holistically and work to provide top quality and compassionate care in a timely manner. Our medical providers are experts in family and internal medicine and thus provide services to treat routine problems such as a cold or the flu, or provide in-depth care for illnesses such as diabetes, chronic lung disease or heart disease. Keeping our patients happy and healthy longer through our excellent care and service in a cost-effective manner is something we take seriously.

The following is a list including, but not limited to, the services we offer:

- Adult health, including immunizations and health screening for preventative medicine, which includes counseling on healthy lifestyle, healthy diet, weight control.
- Basic metabolic rate calculation, electrocardiograms, and pulmonary function tests.
- Gender specific services include women's wellness exams.
- Mammography for women, prostate screening for men, and other radiology exams.
- Screening includes colonoscopy orders for colon cancer screening, cardiac stress test orders, and lab work that screen for anemia, diabetes, thyroid dysfunction, high cholesterol, and other medical issues as indicated.
- Physical exams, including school physicals, sports physicals, work physicals, and consultation for pre-op clearance.
- Sick visits, including upper respiratory tract infections, urinary tract infections, gastroenteritis, skin infections, etc.
- Work ups for complaints, such as fatigue or other systems, which includes general, eye, ear, nose, throat, chest, cardiovascular, pulmonary, gastrointestinal, genitourinary, endocrine, hematologic, lymphatic, neurological, and psychiatric complaints.
- Musculoskeletal complaints, such as joint pain, muscle aches, and injuries, in which the patient has the option to request trigger point injections and joint injections as indicated.
- Dermatological complaints, including acne, rosacea, calluses, skin ulcerations, warts, ingrown nails, onychomycosis, and skin cancer, which can include treatments such as medicine, wound care, suturing, skin biopsies, electrocautery, and cryoablation.
- Medical disease management, such as hypertension, diabetes, high cholesterol, hypothyroidism, asthma, COPD (chronic bronchitis and emphysema), CHF and others.

For your convenience, we offer many in-office services. We may refer you to a specialist as needed.